

## RIT Friday Meet #1 - 4/23/2021

## Results

## Women 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Hutchison, Katelyn	SO	Ithaca	12.78 -1.5
2 Burgard, Sydney	SO	RIT	13.22 -1.5
3 Eckl, Colleen	SR	RIT	13.62 -1.5
4 Stanley, Ashanti	FR	Ithaca	13.87 -1.5
5 Mahoney, Rachel	FR	Rochester	14.43 -1.5

## Women 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Bansbach, Susan	SO	Rochester	27.33 -1.1
2 Downey, Katherine	FR	Ithaca	29.05 -1.1
3 Hettich, Pearl	FR	Ithaca	30.05 -1.1
4 Wilson, Lauryn	JR	Rochester	30.48 -1.1
5 Burrows, Cassidy	FR	RIT	30.85 -1.1

## Women 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Burrell, Michaela	SR	Rochester	57.78
2 Bansbach, Susan	SO	Rochester	58.42
3 Wilson, Harley	SR	RIT	58.81
4 Hardy, Kristin	SO	Rochester	59.13
5 Gomez, Kat	FR	Ithaca	59.33
6 Bequette, Eileen	SR	Rochester	1:00.39
7 Isaac, Kate	FR	Rochester	1:01.33
8 Vogel, Madeleine	JR	Rochester	1:02.46
9 Rose, Rachel	FR	Ithaca	1:02.84
10 Ernest Fleurant, Jael	SO	Rochester	1:04.35

## Women 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Hurlbut, Jordan	SR	Rochester	2:16.95
1:05.462 (1:05.462)	2:16.948 (1:11.487)		
2 Nickerson, Margaret	SR	Ithaca	2:18.94
1:08.104 (1:08.104)	2:18.937 (1:10.834)		
3 Scott, Lindsay	JR	Ithaca	2:19.77
1:05.792 (1:05.792)	2:19.764 (1:13.973)		
4 DeMonte, Paloma	SO	Ithaca	2:20.68
1:07.429 (1:07.429)	2:20.673 (1:13.245)		
5 Lodato, Kristen	SR	Rochester	2:24.41
1:07.637 (1:07.637)	2:24.404 (1:16.768)		
6 Lobdell, Lauren	SO	Ithaca	2:25.59
1:07.191 (1:07.191)	2:25.584 (1:18.393)		
7 Roy, Sophia	SO	Ithaca	2:26.97
1:11.033 (1:11.033)	2:26.962 (1:15.930)		
8 Haubrich, Giana	FR	Ithaca	2:29.20
1:13.179 (1:13.179)	2:29.196 (1:16.018)		
9 Bottone, Jenna	SR	Rochester	2:32.63
1:13.704 (1:13.704)	2:32.622 (1:18.918)		
10 Minarovich, Carissa	SO	Rochester	2:33.25
1:13.926 (1:13.926)	2:33.244 (1:19.319)		

11 Watson, Kendra	JR	Rochester	2:34.31
1:13.463 (1:13.463)	2:34.310 (1:20.848)		
12 Martinez, Madison	FR	Ithaca	2:39.67
1:14.019 (1:14.019)	2:39.666 (1:25.647)		
13 Haggerty, Kaelyn	FR	Ithaca	2:51.87
1:17.206 (1:17.206)	2:51.865 (1:34.660)		

## Women 1500 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Scott, Lindsay	JR	Ithaca	4:48.27
56.268 (56.268)	2:12.983 (1:16.715)	3:31.030 (1:18.048)	
4:48.267 (1:17.237)			
2 Nickerson, Margaret	SR	Ithaca	4:51.02
1:00.028 (1:00.028)	2:15.953 (1:15.925)	3:34.722 (1:18.770)	
4:51.013 (1:16.292)			
3 Lobdell, Lauren	SO	Ithaca	4:53.86
1:00.359 (1:00.359)	2:16.262 (1:15.904)	3:34.967 (1:18.705)	
4:53.859 (1:18.893)			
4 Mauser, Samantha	SR	Rochester	5:04.54
1:01.111 (1:01.111)	2:20.654 (1:19.544)	3:41.422 (1:20.768)	
5:04.534 (1:23.113)			
5 Rott, Elisabeth	SR	Rochester	5:15.34
1:01.854 (1:01.854)	2:23.536 (1:21.682)	3:50.596 (1:27.060)	
5:15.336 (1:24.740)			
6 Tomanovich, Julia	FR	Ithaca	5:18.04
1:01.589 (1:01.589)	2:23.861 (1:22.272)	3:50.104 (1:26.243)	
5:18.035 (1:27.932)			
7 Stockwell, Caroline	JR	Rochester	5:21.28
1:02.626 (1:02.626)	2:27.665 (1:25.039)	3:55.840 (1:28.175)	
5:21.278 (1:25.438)			
8 Bartolotta, Danielle	SR	Rochester	5:23.23
1:02.378 (1:02.378)	2:26.234 (1:23.857)	3:55.675 (1:29.442)	
5:23.223 (1:27.548)			
9 Hyde, Rosanna	FR	RIT	5:28.96
1:02.195 (1:02.195)	2:25.501 (1:23.307)	3:57.152 (1:31.651)	
5:28.954 (1:31.803)			
10 Farid, Sarah	JR	Rochester	5:34.57
1:01.160 (1:01.160)	2:20.919 (1:19.759)	3:51.698 (1:30.780)	
5:34.563 (1:42.865)			
11 SandercocK, Kyra	SO	Rochester	5:36.61
1:03.274 (1:03.274)	2:29.999 (1:26.725)	4:03.416 (1:33.417)	
5:36.608 (1:33.192)			
12 Dong, Bonnie	FR	Rochester	5:36.81
1:02.989 (1:02.989)	2:29.767 (1:26.779)	4:03.117 (1:33.350)	
5:36.804 (1:33.688)			
13 Jacobs, Katie	SO	RIT	5:48.87
1:04.538 (1:04.538)	2:36.915 (1:32.377)	4:16.369 (1:39.454)	
5:48.868 (1:32.500)			
14 Winkler, Helena	SO	Rochester	5:50.12
1:02.875 (1:02.875)	2:30.168 (1:27.294)	4:08.089 (1:37.921)	
5:50.119 (1:42.030)			
15 Morrissey, Abigail	JR	RIT	6:01.70
1:08.282 (1:08.282)	2:47.217 (1:38.935)	4:28.501 (1:41.284)	
6:01.698 (1:33.198)			

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Results

Women 5000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Garrity, Meredith	FR	Ithaca	19:12.39
41.101 (41.101)	2:09.102 (1:28.002)	3:41.535 (1:32.433)	
5:13.430 (1:31.895)	6:45.363 (1:31.934)	8:19.465 (1:34.102)	
9:52.682 (1:33.217)	11:28.029 (1:35.348)	13:02.890 (1:34.862)	
14:38.642 (1:35.752)	16:13.465 (1:34.823)	17:49.702 (1:36.237)	
19:12.382 (1:22.681)			
2 Percy, Erin	JR	RIT	19:15.74
41.328 (41.328)	2:09.481 (1:28.153)	3:41.641 (1:32.160)	
5:12.935 (1:31.295)	6:44.831 (1:31.896)	8:18.978 (1:34.148)	
9:52.942 (1:33.964)	11:27.657 (1:34.715)	13:03.282 (1:35.625)	
14:38.977 (1:35.696)	16:13.727 (1:34.750)	17:49.900 (1:36.174)	
19:15.732 (1:25.832)			
3 Byerley, Ann	JR	RIT	19:17.88
40.885 (40.885)	2:08.913 (1:28.029)	3:41.420 (1:32.507)	
5:13.235 (1:31.815)	6:45.437 (1:32.203)	8:19.267 (1:33.830)	
9:52.489 (1:33.222)	11:27.867 (1:35.378)	13:03.158 (1:35.292)	
14:38.803 (1:35.646)	16:13.860 (1:35.057)	17:49.828 (1:35.969)	
19:17.874 (1:28.047)			
4 Wise Bellin, Ella	JR	Rochester	19:18.83
41.157 (41.157)	2:09.360 (1:28.203)	3:41.675 (1:32.315)	
5:13.583 (1:31.909)	6:45.137 (1:31.554)	8:19.206 (1:34.069)	
9:53.228 (1:34.023)	11:28.212 (1:34.984)	13:03.533 (1:35.322)	
14:38.423 (1:34.891)	16:13.596 (1:35.173)	17:50.109 (1:36.514)	
19:18.830 (1:28.722)			
5 Bremer, Morgan	SR	RIT	19:20.34
41.678 (41.678)	2:09.727 (1:28.050)	3:41.847 (1:32.120)	
5:13.845 (1:31.999)	6:45.621 (1:31.776)	8:19.535 (1:33.914)	
9:53.122 (1:33.588)	11:27.890 (1:34.769)	13:03.503 (1:35.613)	
14:39.137 (1:35.635)	16:14.148 (1:35.011)	17:50.282 (1:36.134)	
19:20.336 (1:30.055)			
6 Canny, Emma	SR	RIT	20:26.77
44.027 (44.027)	2:18.138 (1:34.111)	3:55.333 (1:37.196)	
5:33.452 (1:38.119)	7:12.028 (1:38.577)	8:50.917 (1:38.890)	
10:30.845 (1:39.928)	12:12.283 (1:41.439)	13:54.219 (1:41.936)	
15:34.642 (1:40.424)	17:14.811 (1:40.169)	18:53.879 (1:39.069)	
20:26.768 (1:32.890)			
7 Adams, Amanda	JR	Rochester	20:39.54
44.092 (44.092)	2:18.038 (1:33.946)	3:55.500 (1:37.462)	
5:33.340 (1:37.841)	7:11.747 (1:38.407)	8:50.605 (1:38.858)	
10:30.546 (1:39.942)	12:11.973 (1:41.428)	13:53.966 (1:41.993)	
15:36.244 (1:42.279)	17:18.737 (1:42.494)	19:01.263 (1:42.526)	
20:39.540 (1:38.277)			
8 Murray, Teghan	JR	Rochester	20:40.48
44.487 (44.487)	2:18.687 (1:34.200)	3:55.925 (1:37.239)	
5:33.732 (1:37.807)	7:12.084 (1:38.353)	8:50.742 (1:38.659)	
10:30.648 (1:39.907)	12:12.126 (1:41.478)	13:54.548 (1:42.422)	
15:37.760 (1:43.213)	17:21.276 (1:43.516)	19:03.519 (1:42.244)	
20:40.475 (1:36.956)			

9 VanGorder, Grace	SR	Rochester	21:56.62
46.313 (46.313)	2:25.542 (1:39.229)	4:06.765 (1:41.224)	
5:49.593 (1:42.828)	7:32.943 (1:43.350)	9:17.739 (1:44.797)	
11:05.352 (1:47.613)	12:54.479 (1:49.128)	14:44.010 (1:49.531)	
16:33.996 (1:49.987)	18:23.963 (1:49.968)	20:13.162 (1:49.199)	
21:56.616 (1:43.454)			

Women 10000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannan, Parley	FR	Ithaca	34:12.50
1:20.710 (1:20.710)	2:43.287 (1:22.577)	4:04.852 (1:21.566)	
5:26.804 (1:21.953)	6:48.409 (1:21.605)	8:11.027 (1:22.618)	
9:33.952 (1:22.926)	10:56.236 (1:22.284)	12:17.009 (1:20.774)	
13:38.297 (1:21.288)	15:01.411 (1:23.115)	16:23.979 (1:22.569)	
17:46.866 (1:22.887)	19:09.187 (1:22.321)	20:31.964 (1:22.778)	
21:55.283 (1:23.320)	23:18.118 (1:22.835)	24:41.229 (1:23.112)	
26:05.012 (1:23.783)	27:28.624 (1:23.613)		
30:14.461 (1:22.772)	31:36.247 (1:21.787)	32:57.313 (1:21.066)	
34:12.491 (1:15.178)			
2 Sukovaty, Icel	SO	Rochester	38:13.57
1:28.396 (1:28.396)	3:00.726 (1:32.330)	4:33.198 (1:32.473)	
6:05.507 (1:32.309)	7:38.329 (1:32.823)	9:10.557 (1:32.228)	
10:45.562 (1:35.005)	12:18.989 (1:33.428)	13:49.489 (1:30.501)	
15:21.036 (1:31.547)	16:51.259 (1:30.224)	18:23.384 (1:32.125)	
19:55.958 (1:32.575)	21:28.334 (1:32.376)	22:59.413 (1:31.080)	
24:30.814 (1:31.401)	26:04.347 (1:33.534)	27:37.216 (1:32.869)	
29:11.610 (1:34.395)	30:44.854 (1:33.245)		
33:52.102 (1:33.438)	35:24.193 (1:32.092)	36:54.859 (1:30.666)	
38:13.561 (1:18.703)			
3 Fowler, Ava	FR	Ithaca	38:18.26
1:29.157 (1:29.157)	3:01.329 (1:32.173)	4:33.669 (1:32.340)	
6:06.084 (1:32.416)	7:38.924 (1:32.840)	9:11.153 (1:32.230)	
10:45.969 (1:34.817)	12:19.663 (1:33.694)	13:51.583 (1:31.920)	
15:23.582 (1:31.999)	16:54.769 (1:31.188)	18:26.142 (1:31.374)	
19:57.325 (1:31.183)	21:29.341 (1:32.016)	23:00.437 (1:31.097)	
24:32.785 (1:32.348)	26:05.203 (1:32.418)	27:39.320 (1:34.118)	
29:14.034 (1:34.714)	30:48.706 (1:34.673)		
33:58.246 (1:34.055)	35:29.618 (1:31.373)	36:58.614 (1:28.996)	
38:18.254 (1:19.640)			
4 Ackley, Meredith	SR	Rochester	38:46.95
1:28.353 (1:28.353)	3:00.771 (1:32.418)	4:33.217 (1:32.447)	
6:05.479 (1:32.262)	7:38.358 (1:32.880)	9:10.796 (1:32.438)	
10:45.733 (1:34.938)	12:19.257 (1:33.524)	13:51.470 (1:32.214)	
15:23.734 (1:32.265)	16:55.034 (1:31.300)	18:26.312 (1:31.278)	
19:59.964 (1:33.652)	21:34.079 (1:34.116)	23:08.445 (1:34.366)	
24:42.220 (1:33.775)	26:16.038 (1:33.818)	27:50.809 (1:34.772)	
29:26.314 (1:35.505)	31:00.550 (1:34.236)		
34:08.369 (1:34.544)	35:43.129 (1:34.760)	37:17.222 (1:34.093)	
38:46.950 (1:29.728)			

## RIT Friday Meet #1 - 4/23/2021

## Results

## Finals ... (Women 10000 Meter Run)

Name	Yr	School	Finals
5 Cobos, Katie	SO	RIT	38:54.46
1:28.734 (1:28.734)	3:01.280 (1:32.546)	4:33.836 (1:32.556)	
6:06.538 (1:32.703)	7:39.109 (1:32.572)	9:11.702 (1:32.593)	
10:45.979 (1:34.278)	12:19.947 (1:33.968)	13:51.817 (1:31.870)	
15:23.335 (1:31.519)	16:54.575 (1:31.240)	18:25.882 (1:31.307)	
19:57.119 (1:31.238)	21:29.041 (1:31.922)	23:00.954 (1:31.913)	
24:34.841 (1:33.888)	26:09.874 (1:35.034)	27:44.276 (1:34.402)	
29:19.820 (1:35.545)	30:57.731 (1:37.911)		
34:08.009 (1:34.467)	35:41.727 (1:33.719)	37:16.472 (1:34.745)	
38:54.457 (1:37.985)			
6 Dennis, Rachel	SO	Rochester	39:43.56
1:28.550 (1:28.550)	3:00.964 (1:32.415)	4:33.539 (1:32.575)	
6:05.729 (1:32.190)	7:38.610 (1:32.882)	9:10.649 (1:32.039)	
10:45.574 (1:34.926)	12:19.103 (1:33.529)	13:51.739 (1:32.637)	
15:23.292 (1:31.553)	16:55.539 (1:32.248)	18:30.389 (1:34.850)	
20:09.081 (1:38.692)	21:46.477 (1:37.397)	23:23.797 (1:37.320)	
25:01.610 (1:37.813)	26:40.964 (1:39.354)	28:19.841 (1:38.878)	
30:00.102 (1:40.262)	31:39.064 (1:38.963)		
34:55.565 (1:37.935)	36:32.930 (1:37.365)	38:09.277 (1:36.348)	
39:43.552 (1:34.275)			

## Women 100 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Dispenza, Marissa	SR	RIT	15.99 -1.5
2 Heffernan, Ashley	FR	Rochester	16.69 -1.5
3 Rullo, Lauren	SO	Ithaca	17.46 -1.5
4 Mahoney, Rachel	FR	Rochester	17.64 -1.5
5 Stowell, Abbey	SO	Ithaca	17.81 -1.5

## Women 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Rochester	A	48.76
1) Isaac, Kate FR	2) Burrell, Michaela SR	
3) Hardy, Kristin SO	4) O'Connell, Madeline SO	
2 Ithaca	A	49.34
1) Brown, Sara FR	2) Hutchison, Katelyn SO	
3) Velasquez, Ayenaliz FR	4) Lachenmayr, Sarah JR	

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 RIT	A	4:09.65
1) Burgard, Sydney SO	2) Dispenza, Marissa SR	
3) Eckl, Colleen SR	4) Wilson, Harley SR	
2:04.228 (2:04.228)	3:08.736 (1:04.509)	4:09.648 (1:00.912)
2 Ithaca	A	4:20.10
1) Hutchison, Katelyn SO	2) Rose, Rachel FR	
3) Lachenmayr, Sarah JR	4) Tomanovich, Julia FR	
2:05.403 (2:05.403)	3:13.104 (1:07.702)	4:20.093 (1:06.990)
3 Rochester	A	4:23.59
1) Vogel, Madeleine JR	2) Hurlbut, Jordan SR	
3) Watson, Kendra JR	4) Wilson, Lauryn JR	
2:12.262 (2:12.262)	3:14.635 (1:02.374)	4:23.590 (1:08.955)

4 Ithaca	B	4:26.35
1) Roy, Sophia SO	2) Downey, Katherine FR	
3) Haubrich, Giana FR	4) Strelec, Sydney JR	
2:09.097 (2:09.097)	3:18.200 (1:09.104)	4:26.348 (1:08.149)

## Women High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Stanley, Brooke	SR	RIT	1.55m
2 Bequette, Eileen	SR	Rochester	1.50m
3 Schlessinger, Gabrielle	SO	Ithaca	1.45m
--- Burrows, Cassidy	FR	RIT	NH

## Women Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Terry, Juliann	JR	Ithaca	3.75m
2 Altonen, Sara	FR	Ithaca	J3.75m
3 O'Connell, Madeline	SO	Rochester	3.50m
4 Gisler, Gwen	FR	Ithaca	J3.50m
5 Rossig, Jamie	FR	Ithaca	3.20m
6 Nomberg, Julia	JR	Ithaca	2.90m
6 Heffernan, Ashley	FR	Rochester	2.90m
8 Heichel, Kennedy	FR	Ithaca	J2.90m

## Women Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Brown, Sara	FR	Ithaca	5.35m 2.2
2 Hoogs, Alyssa	SO	Rochester	5.18m 5.5
3 Sear, Molly	JR	Ithaca	4.96m 4.1
4 Taylor, Quinn	FR	Rochester	4.72m 4.9
5 Fortin, Zoe	JR	Rochester	4.71m 6.2

## Women Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Hoogs, Alyssa	SO	Rochester	10.91m 1.9
2 Fortin, Zoe	JR	Rochester	10.48m 4.2
3 Stanley, Ashanti	FR	Ithaca	10.16m 3.2
4 Clark, Grace	FR	Ithaca	10.01m 5.0
5 Lambert, Isabella	FR	Ithaca	9.74m 4.9
6 Ameele, Violet	FR	RIT	9.18m 2.8
--- Taylor, Quinn	FR	Rochester	FOUL

## Women Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Bernard, Ariyahna	JR	Ithaca	12.26m
2 Healy, Samantha	JR	Ithaca	11.87m
3 Messina, Grace	SR	Rochester	11.26m
4 Mueller, Grace	JR	Rochester	10.30m
5 Stanley, Brooke	SR	RIT	9.26m
6 Yearwood, Kalena	FR	Ithaca	9.07m

## RIT Friday Meet #1 - 4/23/2021

## Results

## Women Discus Throw

Name	Yr	School	Finals
<b>Finals</b>			
1	Messina, Grace	SR Rochester	40.33m
2	Leap, Kari	SR Rochester	37.66m
3	Reeder, Gillian	SO Rochester	34.93m
4	Wish, Vanessa	SO Rochester	29.77m
5	Shames, Liana	JR Ithaca	29.70m
6	Mueller, Grace	JR Rochester	28.57m
7	Gilman, Abbey	JR Rochester	27.38m
8	Vonglis, Katherine	JR Rochester	26.34m
9	Adzigian, Madeline	FR Ithaca	23.70m

## Women Hammer Throw

Name	Yr	School	Finals
<b>Finals</b>			
1	Healy, Samantha	JR Ithaca	51.68m
2	Bernard, Ariyahna	JR Ithaca	50.91m
3	Messina, Grace	SR Rochester	46.80m
4	Leap, Kari	SR Rochester	43.63m
5	Reeder, Gillian	SO Rochester	43.13m
6	Yearwood, Kalena	FR Ithaca	39.67m
7	Mueller, Grace	JR Rochester	35.35m
8	Vonglis, Katherine	JR Rochester	33.89m
9	Shames, Liana	JR Ithaca	33.43m
10	Gilman, Abbey	JR Rochester	32.94m
---	Wish, Vanessa	SO Rochester	FOUL
---	Zebrowski, Emily	SR RIT	FOUL
---	Adzigian, Madeline	FR Ithaca	FOUL

## Women Javelin Throw

Name	Yr	School	Finals
<b>Finals</b>			
1	Bequette, Eileen	SR Rochester	36.71m
2	Adzigian, Madeline	FR Ithaca	36.26m
3	Carpenter, Abigail	SO RIT	29.79m
4	Stanley, Brooke	SR RIT	29.59m
5	Chi, Iris	FR Rochester	28.95m
6	Reeder, Gillian	SO Rochester	27.03m
7	Ernest Fleurant, Jael	SO Rochester	18.26m

## Men 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Leonard-Osbourne, Jalen	FR Ithaca	10.78 0.3
2	Davis, Aaron	FR Ithaca	11.43 +0.0
3	Agyarko Jr., Joshua	SR Rochester	11.66 0.3
4	Li, Steven	SO Rochester	11.85 0.3
5	Wilson, Otto	JR RIT	11.92 0.3
6	Saluzzi, Jeremy	SO RIT	11.93 0.3
7	Hulse, Tyler	SO RIT	11.95 0.3
8	Wigent, Zack	SR RIT	11.98 +0.0
9	Cott, Braden	SO RIT	12.22 0.3
10	Watt, Evan	JR RIT	12.28 +0.0
11	Sow, Amadou	SO RIT	12.31 +0.0
12	Chowdhury, Prince	SO RIT	12.63 +0.0

## Men 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Davis, Aaron	FR Ithaca	23.14 -3.9
2	Gloskey, Max	SR RIT	23.35 -3.9
3	Harrigan, Jordyn	FR Ithaca	23.65 -3.9
4	Takor, Akap	JR Ithaca	23.94 -3.9
5	Agyarko Jr., Joshua	SR Rochester	23.96 -3.9
6	Panzer, Sam	FR Ithaca	24.07 -3.9
7	Wells, AJ	SR RIT	24.23 -3.9
8	Culhane, Jack	SR Ithaca	24.93 -1.8
9	Tremblay, Chris	JR RIT	25.02 -1.8
10	Sow, Amadou	SO RIT	25.14 -1.8
11	Ertel, Ian	SO Ithaca	25.36 2.9
12	Puskey, Mark	SO Ithaca	25.74 2.9
13	Chowdhury, Prince	SO RIT	25.86 -1.8
14	Sullivan, Cullen	SR RIT	26.31 2.9
15	Rojas, Caleb	SO Ithaca	26.70 2.9

## Men 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1	Wells, AJ	SR RIT	52.91
2	Ertel, Ian	SO Ithaca	53.70
3	Tremblay, Chris	JR RIT	54.18
4	Flanders, Braden	FR RIT	54.29
5	Rojas, Caleb	SO Ithaca	1:02.35

## Men 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1	Wachs, Zach	JR Ithaca	1:58.64
	57.460 (57.460)	1:58.636 (1:01.176)	
2	Doyle, Blaine	SO Rochester	1:59.92
	57.305 (57.305)	1:59.914 (1:02.610)	
3	Ford, Daniel	FR Rochester	2:00.06
	57.716 (57.716)	2:00.056 (1:02.340)	
4	Hughes, Max	SO Rochester	2:02.52
	1:00.451 (1:00.451)	2:02.517 (1:02.067)	
5	Voloshen, Christian	FR Rochester	2:02.83
	1:00.062 (1:00.062)	2:02.829 (1:02.768)	
6	Sadanaga, Jon	FR Ithaca	2:04.59
	1:00.444 (1:00.444)	2:04.584 (1:04.140)	
7	Bieber, Ryan	JR Ithaca	2:05.17
	1:01.012 (1:01.012)	2:05.168 (1:04.156)	
8	Ziskind, Jason	SR RIT	2:05.34
	57.151 (57.151)	2:05.333 (1:08.183)	
9	Hofer, Alec	SR Ithaca	2:05.68
	57.636 (57.636)	2:05.680 (1:08.044)	
10	Coates, Ben	FR Ithaca	2:07.21
	59.581 (59.581)	2:07.210 (1:07.629)	
11	Oddo, Tommy	JR Rochester	2:07.61
	1:01.706 (1:01.706)	2:07.606 (1:05.900)	
12	Morgan, Matt	FR Ithaca	2:07.97
	1:02.388 (1:02.388)	2:07.968 (1:05.581)	

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Men 1500 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Sikorski, Scott	SO	Rochester	3:59.02
48.484 (48.484)	1:53.480 (1:04.996)	2:57.534 (1:04.055)	
3:59.012 (1:01.479)			
2 Singer, Chris	SR	Ithaca	4:06.68
48.328 (48.328)	1:55.145 (1:06.818)	3:02.672 (1:07.527)	
4:06.680 (1:04.009)			
3 Malenowski, Stephen	SR	Ithaca	4:10.52
49.195 (49.195)	1:57.506 (1:08.312)	3:04.839 (1:07.334)	
4:10.516 (1:05.677)			
4 Endy, Josh	JR	Ithaca	4:11.45
48.928 (48.928)	1:57.420 (1:08.492)	3:05.173 (1:07.754)	
4:11.449 (1:06.276)			
5 Cummins, Carson	FR	Rochester	4:11.74
49.433 (49.433)	1:57.816 (1:08.384)	3:06.026 (1:08.210)	
4:11.732 (1:05.706)			
6 Cook, Tim	JR	Ithaca	4:16.91
50.773 (50.773)	2:00.882 (1:10.109)	3:11.017 (1:10.136)	
4:16.902 (1:05.885)			
7 Medeiros, Ryan	SO	Ithaca	4:18.22
50.984 (50.984)	2:01.089 (1:10.105)	3:11.247 (1:10.158)	
4:18.216 (1:06.970)			
8 Trawick, Sam	SR	Rochester	4:24.26
50.764 (50.764)	2:00.852 (1:10.088)	3:11.202 (1:10.350)	
4:24.251 (1:13.050)			
9 Cutler, Seth	FR	Rochester	4:27.52
51.968 (51.968)	2:03.563 (1:11.596)	3:16.381 (1:12.818)	
4:27.518 (1:11.137)			
10 Kumar, Shivansh	FR	RIT	4:27.92
51.805 (51.805)	2:01.084 (1:09.279)	3:13.103 (1:12.019)	
4:27.919 (1:14.817)			
11 Dits, Konstantin	SO	Rochester	4:39.18
53.178 (53.178)	2:09.308 (1:16.130)	3:26.565 (1:17.258)	
4:39.177 (1:12.612)			

Men 5000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Gaitanis, Nick	FR	Rochester	15:57.96
36.825 (36.825)	1:51.742 (1:14.917)	3:07.441 (1:15.699)	
4:22.426 (1:14.986)	5:38.353 (1:15.927)	6:53.976 (1:15.624)	
8:10.021 (1:16.046)	9:28.210 (1:18.189)	10:46.863 (1:18.653)	
12:06.371 (1:19.509)	13:26.429 (1:20.059)	14:44.932 (1:18.503)	
15:57.952 (1:13.020)			
2 Eckhardt, Zachary	SO	RIT	16:28.27
37.112 (37.112)	1:52.096 (1:14.984)	3:08.124 (1:16.029)	
4:24.550 (1:16.427)	5:42.148 (1:17.599)	7:01.511 (1:19.364)	
8:22.031 (1:20.520)	9:43.105 (1:21.074)	11:03.651 (1:20.546)	
12:25.484 (1:21.834)	13:47.921 (1:22.438)	15:09.890 (1:21.969)	
16:28.269 (1:18.380)			

3 Glazier, Alec	JR	Rochester	16:48.69
36.548 (36.548)	1:51.771 (1:15.224)	3:07.154 (1:15.384)	
4:22.489 (1:15.336)	5:38.661 (1:16.172)	6:54.376 (1:15.715)	
8:12.194 (1:17.819)	9:34.421 (1:22.227)	10:57.864 (1:23.444)	
12:24.723 (1:26.859)	13:54.071 (1:29.349)	15:22.653 (1:28.583)	
16:48.681 (1:26.029)			
4 Ballay, Nathan	JR	RIT	16:50.81
37.426 (37.426)	1:52.349 (1:14.923)	3:08.399 (1:16.051)	
4:24.925 (1:16.526)	5:42.478 (1:17.553)	7:02.101 (1:19.624)	
8:24.385 (1:22.284)	9:50.953 (1:26.568)	11:17.244 (1:26.292)	
12:42.438 (1:25.194)	14:09.083 (1:26.646)	15:33.508 (1:24.425)	
16:50.809 (1:17.302)			
5 Ives, Sam	SR	Ithaca	16:55.17
37.833 (37.833)	1:58.323 (1:20.490)	3:19.397 (1:21.074)	
4:40.433 (1:21.036)	6:02.147 (1:21.715)	7:25.231 (1:23.084)	
8:47.853 (1:22.622)	10:10.628 (1:22.775)	11:34.050 (1:23.423)	
12:58.252 (1:24.202)	14:22.036 (1:23.785)	15:43.590 (1:21.554)	
16:55.166 (1:11.577)			
6 Fricano, Jacob	FR	RIT	16:58.78
38.031 (38.031)	1:54.501 (1:16.470)	3:13.273 (1:18.772)	
4:32.219 (1:18.947)	5:52.920 (1:20.701)	7:15.816 (1:22.897)	
8:40.216 (1:24.400)	10:04.693 (1:24.477)	11:29.921 (1:25.229)	
12:55.097 (1:25.176)	14:19.873 (1:24.776)	15:43.784 (1:23.912)	
16:58.773 (1:14.989)			
7 Fisher-Perez, Evan	FR	RIT	17:10.59
38.976 (38.976)	2:00.983 (1:22.008)	3:22.188 (1:21.205)	
4:44.159 (1:21.972)	6:05.529 (1:21.370)	7:27.421 (1:21.892)	
8:51.023 (1:23.602)	10:15.506 (1:24.484)	11:40.358 (1:24.852)	
13:05.199 (1:24.842)	14:30.468 (1:25.269)	15:54.719 (1:24.252)	
17:10.588 (1:15.869)			
8 Koppi, Clayton	FR	RIT	17:54.45
38.624 (38.624)	2:01.539 (1:22.915)	3:25.098 (1:23.560)	
4:48.374 (1:23.276)	6:09.668 (1:21.295)	7:32.694 (1:23.027)	
8:57.657 (1:24.963)	10:24.323 (1:26.667)	11:52.817 (1:28.494)	
13:23.639 (1:30.823)	14:57.031 (1:33.392)	16:31.818 (1:34.788)	
17:54.448 (1:22.630)			

Men 110 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Doerner, Matthew	SO	RIT	16.31 -2.2
2 Dietrich, Garrett	SO	Rochester	17.58 -2.2
3 Sullivan, Cullen	SR	RIT	18.75 -2.2
4 Forer, Jarod	JR	Rochester	19.05 -2.2

Men 400 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Lundy, Gabe	SO	Rochester	54.86
2 Dietrich, Garrett	SO	Rochester	59.51
3 Woodruff, Zach	SR	Ithaca	1:00.51
4 Stuart, Hunter	SR	Ithaca	1:02.72
5 Reyes, Nicholas	SO	Ithaca	1:03.51

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Results

Men 3000 Meter Steeplechase

Name	Yr	School	Finals
<b>Finals</b>			
1 Lange, Jacob	SR	Ithaca	9:43.19
37.254 (37.254)	1:50.641 (1:13.388)	3:08.464 (1:17.824)	
4:26.559 (1:18.095)	5:45.397 (1:18.839)	7:06.208 (1:20.812)	
8:26.632 (1:20.424)	9:43.184 (1:16.552)		
2 Bierach, Patrick	FR	Ithaca	9:53.11
37.567 (37.567)	1:52.749 (1:15.182)	3:11.579 (1:18.831)	
4:31.467 (1:19.889)	5:52.981 (1:21.514)	7:15.712 (1:22.732)	
8:38.776 (1:23.064)	9:53.107 (1:14.332)		
3 Beaudry, Benjamin	SR	RIT	9:54.18
38.019 (38.019)	1:53.181 (1:15.162)	3:11.878 (1:18.698)	
4:31.761 (1:19.883)	5:53.332 (1:21.572)	7:15.995 (1:22.663)	
8:38.072 (1:22.078)	9:54.172 (1:16.100)		
4 Whatley, Alex	SO	Ithaca	10:32.72
37.396 (37.396)	1:51.011 (1:13.615)	3:09.551 (1:18.540)	
4:31.339 (1:21.788)	5:57.244 (1:25.906)	7:27.986 (1:30.742)	
9:01.451 (1:33.466)	10:32.714 (1:31.264)		
5 Brunacini, Nathaniel	JR	Rochester	10:40.58
37.733 (37.733)	1:53.433 (1:15.700)	3:14.507 (1:21.075)	
4:41.039 (1:26.532)	6:11.503 (1:30.465)	7:45.278 (1:33.775)	
9:16.506 (1:31.229)	10:40.579 (1:24.074)		
6 Swartvagher, Evan	FR	RIT	12:05.21
38.482 (38.482)	2:01.454 (1:22.972)	3:34.137 (1:32.684)	
5:13.155 (1:39.019)	6:57.207 (1:44.053)	8:40.292 (1:43.085)	
10:27.852 (1:47.560)	12:05.206 (1:37.355)		

Men 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Ithaca	A	42.48
1) Takor, Akap JR	2) Panzer, Sam FR	
3) Harrigan, Jordyn FR	4) Leonard-Osbourne, Jalen FR	
2 RIT	A	43.57
1) Jantzi, Justin FR	2) Gloskey, Max SR	
3) Abel, Raphael SR	4) O'Connell, John SO	

Men 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 RIT	A	3:26.15
1) Saluzzi, Jeremy SO	2) Cott, Braden SO	
3) Wilson, Otto JR	4) Jantzi, Justin FR	
1:44.148 (1:44.148)	2:36.398 (52.250)	3:26.144 (49.747)
2 Rochester	A	3:27.00
1) Garcia Coletto, Andres SR	2) Lundy, Gabe SO	
3) Voloshen, Christian FR	4) Doyle, Blaine SO	
1:42.846 (1:42.846)	2:35.178 (52.332)	3:26.995 (51.818)
3 Ithaca	A	3:35.95
1) Woodruff, Zach SR	2) Oczkowski, Nate SO	
3) Wachs, Zach JR	4) Ryan, Conor FR	
1:48.303 (1:48.303)	2:40.400 (52.098)	3:35.946 (55.547)

4 Rochester	B	3:39.49
1) Sikorski, Scott SO	2) Dietrich, Garrett SO	
3) Hughes, Max SO	4) Smith, Adam JR	
1:48.694 (1:48.694)	2:43.229 (54.536)	3:39.488 (56.259)
5 Ithaca	B	3:50.96
1) Stuart, Hunter SR	2) Hofer, Alec SR	
3) Sadanaga, Jon FR	4) Reyes, Nicholas SO	
1:57.419 (1:57.419)	2:54.808 (57.389)	3:50.955 (56.148)

Men High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Garcia Coletto, Andres	SR	Rochester	1.95m
2 Hulse, Tyler	SO	RIT	1.90m
3 Greenwald, Rob	SR	Ithaca	1.85m
4 Wigent, Zack	SR	RIT	J1.85m
5 Khalife, Gabe	FR	Ithaca	1.70m
6 Forer, Jarod	JR	Rochester	J1.70m

Men Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Mikula, Dominic	JR	Ithaca	5.11m
2 Sheehan, Brendan	FR	Ithaca	4.55m
3 Croft, Grant	SR	RIT	4.40m
3 James, Thomas	JR	RIT	4.40m
3 Cook, Terry	SR	Rochester	4.40m
6 Schmidt, James	FR	Rochester	4.10m
6 Forer, Jarod	JR	Rochester	4.10m
8 Phifer, William	JR	RIT	3.95m
9 Fine, Thomas	SO	Ithaca	3.80m
--- Howald, Callum	SO	Ithaca	NH
--- John, Nicholas	SR	RIT	NH
--- Kirkpatrick, Connor	JR	RIT	NH

Men Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 O'Connell, John	SO	RIT	6.85m 2.9
2 Cook, Terry	SR	Rochester	6.84m 5.1
3 Abel, Raphael	SR	RIT	6.74m 4.5
4 Monchek, Daniel	JR	Ithaca	6.55m 4.9
5 Lane, Kyle	FR	Rochester	6.36m 4.8
6 Donnell, Nick	JR	Rochester	6.24m 5.7
7 Whitmore, Spenc	FR	Ithaca	6.17m 3.5

Men Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Lane, Kyle	FR	Rochester	13.00m 3.4
2 Whitmore, Spenc	FR	Ithaca	12.82m 2.8
3 Watt, Evan	JR	RIT	12.31m 3.2

Men Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Tobia, Luke	JR	Ithaca	14.19m
2 O'Neill, James	JR	Rochester	13.59m

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## Results

**Finals ... (Men Shot Put)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
3	Rykert, Dylan	FR	Rochester	12.86m
4	Kellar, Kent	SR	RIT	12.72m
5	Bumpus, Joe	JR	Rochester	12.08m
6	Ciminelli, Matt	JR	RIT	11.87m
7	Miller, Steven	FR	RIT	11.64m
8	Fobare, Kevin	FR	Rochester	11.10m
9	Forer, Jarod	JR	Rochester	9.81m
10	Kropiwnicki, Aidan	SO	Rochester	9.56m
11	Clouse, Logan	FR	RIT	9.31m
12	Varghese, Joseph	SO	Rochester	8.97m
13	Sullivan, MacAllister	SO	RIT	7.01m

**Men Discus Throw**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Miller, Steven	FR	RIT	39.67m
2	O'Neill, James	JR	Rochester	39.44m
3	Swavely, Ryan	JR	Rochester	39.13m
4	Ciminelli, Matt	JR	RIT	37.95m
5	Showstead, Justin	JR	Ithaca	37.77m
6	Sheehan, Brendan	FR	Ithaca	36.42m
7	Hughes, Aidan	SO	RIT	32.92m
8	Clouse, Logan	FR	RIT	31.08m
9	Fuori, Angus	SR	Rochester	30.52m
10	Kellar, Kent	SR	RIT	29.91m
11	Rykert, Dylan	FR	Rochester	28.87m
11	Fobare, Kevin	FR	Rochester	28.87m
13	Forer, Jarod	JR	Rochester	25.50m
14	Sullivan, MacAllister	SO	RIT	23.88m
---	Ragland, Nolan	FR	Rochester	FOUL

**Men Hammer Throw**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Swavely, Ryan	JR	Rochester	52.58m
2	Tobia, Luke	JR	Ithaca	50.08m
3	Ragland, Nolan	FR	Rochester	47.97m
4	Hughes, Aidan	SO	RIT	41.86m
5	Fobare, Kevin	FR	Rochester	40.16m
6	Bumpus, Joe	JR	Rochester	38.85m
7	Miller, Steven	FR	RIT	28.87m
---	Showstead, Justin	JR	Ithaca	FOUL

**Men Javelin Throw**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	O'Neill, James	JR	Rochester	48.70m
2	Showstead, Justin	JR	Ithaca	45.16m
3	Varghese, Joseph	SO	Rochester	42.85m
4	Bumpus, Joe	JR	Rochester	35.84m
5	Siewert, Cole	FR	Rochester	34.31m
---	Rykert, Dylan	FR	Rochester	FOUL
---	Fuori, Angus	SR	Rochester	FOUL